

TRIGGER FINGER

Is Your Finger Getting Stuck in a Bent Position?

You may be experiencing trigger finger, a condition that causes pain, stiffness and locking or clicking in the finger joints. It occurs when the flexor tendon becomes swollen from overuse, like during typing or texting, making it difficult for the tendon to glide through the tendon sheath. This can cause the affected finger to remain bent, limiting its range of motion.



SIGNS TO LOOK FOR:



Sensation of the finger or thumb getting stuck while moving



Soreness at the base of the finger or thumb, especially when gripping something



Pain or stiffness when bending your finger or thumb towards your palm



Swelling or a small, tender bump in your palm



Finger or thumb locking in a flexed position



**TO MAKE AN APPOINTMENT,
PLEASE CONTACT US AT**

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