



# MENISCUS TEAR REL

### **Experiencing Knee Pain?**

Meniscus tears are common knee injuries, caused by sports, twisting movement or fall.





#### What are the Symptoms?



Knee pain or tenderness



Difficulty bending or straightening the leg



Swelling around the knee



A popping or locking sensation in the knee

#### Why Seek Treatment Now?

Untreated meniscus tears can lead to chronic pain, instability, and osteoarthritis. Early treatment speeds up recovery and prevents complications.

#### Your Path to Recovery Starts Here

Contact our orthopaedic specialists to schedule an evaluation and explore your treatment options.

## TO MAKE AN APPOINTMENT, **PLEASE CONTACT US AT**



+6019-352 9215









