

SUFFERING FROM OSTEOARTHRITIS?

Knee osteoarthritis is a common condition that occurs when the protective cartilage that cushions the ends of the bones around the knee joint wears down, grows, or loses its normal smooth contours over time.

Symptoms of knee osteoarthritis may develop slowly or come on relatively quickly. Receiving certain treatments might slow the progression of the disease and improve pain and joint function.

SYMPTOMS



Knee pain and swelling



Knee stiffness



Grating sensation



Decreased mobility of the joint



RISK FACTORS

- ◆ Older age
- ◆ Female gender
- ◆ Obesity
- ◆ Inflammation of the joint
- ◆ Joint injuries
- ◆ Repeated stress on the joint
- ◆ Bone deformities
- ◆ Certain metabolic diseases



TO MAKE AN APPOINTMENT,
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