Sunway Medical Centre





# CARTILAGE INJURIES

Cartilage injuries can occur in the knees, hips, shoulders, and ankles, affecting athletes and non-athletes alike.

## What Are the Symptoms?



Joint pain or tenderness



Difficulty bearing weight



Swelling or stiffness



Reduced range of motion

## Why Choose Us?



### **Expert Team of Specialists**

Skilled orthopaedic surgeons and sports medicine specialists



#### **Advanced Technologies**

Precision-based diagnostics



#### **Advanced Treatments**

Minimally invasive procedures, including arthroscopy and regenerative therapies



#### **Customised Recovery Plans**

Tailored rehabilitation programme to restore strength and mobility

# Get Back to Your Best Self

Don't let joint pain slow you down. Contact us today to start your journey to recovery!



## TO MAKE AN APPOINTMENT, PLEASE CONTACT US AT











